



Checklist: Namibia with Kids

Health

- ☐ Are all vaccinations up to date?
- ☐ Sunscreen SPF 50
- ☐ Child friendly mosquito repellent
- ☐ First aid kit: suppositories, band-aids, disinfectant wipes, chewing gum against travel sickness, medication against diarrhoea, possibly allergy tablets, electrolyte powder (1-2 sachets for emergencies)

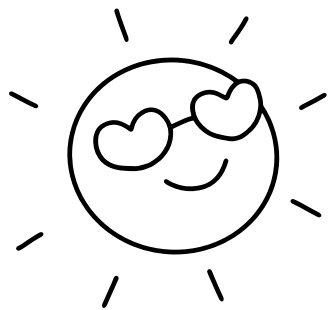
Documents

- ☐ Birth certificate:
 - ☐ Original & notarised English translation OR
 - ☐ Original international birth certificate in English
- ☐ Travelling without both legal guardians: notarised permission in English, signed by the other guardian and provided with proof of identification (e.g. copy of a valid photo ID)
- ☐ In case of sole custody: proof of this in English
- ☐ Children's passport (Does it have a current photo? Is it valid for six more months?)

Entertainment

- ☐ Snacks for the flight & for car rides
- ☐ Small toy: modelling clay, crayons, "fidgeting toys"
- ☐ Warm socks, blanket for the flight
- ☐ Headphones for music & movies (models with bluetooth & AUX cable are ideal for using on the plane)





Welche Tiere kannst du
in Namibia entdecken?

